

Wellness Program

The State of Rhode Island Wellness program guides you through steps that may proactively improve your health by participating in programs and activities such as physical activity, smoking cessation and health screenings. All State of Rhode Island employees are eligible to participate in Rewards for Wellness programs and screenings, but only state employees who are covered by the current plan changes and who also pay the co-shares established for State employees are eligible to receive incentives for co-share credit when offered.

For more information about the Wellness Program, see the State Employee Wellness Initiative website at <http://www.wellness.ri.gov>.

